



Carers' Information Sessions



Do you support/care for someone with a diagnosis of Dementia?

You are invited to join any of the following sessions for information, advice and support, on the second Friday of the month, from 1:30pm – 3pm at Age UK Tameside, Katherine St, Ashton-under-Lyne, OL6 7AW

13 January	Delirium - understanding the causes and impact on a person with dementia.
10 February	Legal matters - what is Mental Capacity? What is Power of Attorney?
10 March	Therapeutic activities - sharing ideas on how to maintain plan and organise activities
14 April	Understanding changes in behaviour - strategies for coping
12 May	Communication - understanding language changes experienced by the person with dementia - tips and advice
9 June	Delirium - understanding the causes and impact on a person with dementia.
14 July	Therapeutic activities - sharing ideas on how to maintain plan and organise activities
11 August	Understanding changes in behaviour - strategies for coping
8 September	Communication - understanding language changes experienced by the person with dementia - tips and advice
13 October	Legal matters - what is Mental Capacity? What is Power of Attorney?
10 November	Delirium - understanding the causes and impact on a person with dementia.

Can I bring the person I support along with me?

Yes, from 2pm - 3pm while you attend the information session there will be an hour long organised activity for the person you support at a **cost of £5**. You can pay on the day but please call Muriel Stretton at Age UK Tameside on: 0161 308 5000 to book a place

1:30pm - 2pm

Tea, coffee and chat for all

2pm - 3pm

Carers' Information Session

2pm - 3pm

Activity Session for the person you care for

If you want further information about the Information Sessions please call 0161 716 3449

